

**A Brief Report
on
A Cognitive Youth Training Programme on
*National Youth Policy:
Sustainable Development of North Eastern Region***

February 23-25, 2021



Organized By

**Maharaja Bir Bikram University
Agartala, Tripura**

In Collaboration With



RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
Institution of National Importance by the Act of Parliament No.35/12
Ministry of Youth Affairs and Sports,
Government of India, Sriperumbudur – 602 105.

Introduction

Today India is the fastest growing economy of the world. Half of India's approximately 1.35 billion population is below the age of 25 years constituting one fifth of the world's youth population. Moreover, a quarter of Indian youth is below the age of 14. This aspiring youth force is India's most valuable asset and great strength. It provides India with a unique demographic and socio-economic advantage. By proper channelization of strength and energy of this huge young force India may lead the world in near future. But with such great strength comes great responsibility. This genuine opportunity will be lost without proper nurture policies of youth power, proportionate investment in human capital development and distribution of opportunities to all the youths of India. The world today is more dynamic and uncertain than ever before. Unemployment, intolerance, social injustice, economic crisis, social intolerance, gender discrimination, violence against women and children, substance abuse etc. are challenging our social integrity at every step of our life. Along with that we are facing the curse of COVID-19 pandemic. As of July, 2020 almost 1.8 million people have been infected and near about 38,000 people have succumbed to the infection. Our social life has been shattered. Due to lock downs lots of daily workers, small businessmen/women have lost their living. Fear of losing jobs and unemployment is lurking in every corner of socio-economic life of Indian youths. This uncertainty is wreaking the youth life and mind havoc. Frustration and depression is destroying their aspirations and spirit. In current drastic economic, demographic, social and technological paradigm shifts, we must ensure that integrity of Indian youths remain intact. Otherwise the hope and dream of a New India will go in vain.

North-East India is collectively constituted by eight north easternmost states in India, namely: Tripura, Assam, Manipur, Meghalaya, Mizoram, Nagaland, Arunachal Pradesh and Sikkim. These states contain a little less than 4% of the India's total population and approximately 8% of the total land area. These states have significant geo-political location (at the tri-junction of South, East and South East Asia), and enormous ecological resources (a rich bio diversity zone with abundance of water, mineral, forest resources) and cultural diversities (hosting eclectic ethnic minority identities resulting in competing territorial nationalisms). However, from the perspective of policy making this region has been projected as one trapped and languishing in an infrastructural void. Sustainable creation and development of different heavy industries is very difficult in most parts of this region. The absence of heavy industries and various trending business opportunities degrades not only the quality of life but also to decreases the pace of socio-economic activity by negatively impacting the nature and quality of socio-economic growth. The **Northeast 'Vision 2020'** document, which is considered a key policy guideline by the government for the development of the North-East region, puts infrastructure development as the key strategy for achieving its vision.

The young generation becomes significant in the North-East region through the phenomenon of youth assertion and mobilization. Young generations play a key role to form the outline of the political discourse in the North-East region. With their varied history and social location, the youth as a socio-economical category has played the role of effective and at times pioneering agents of change in the region, both as channels of protest as well participation. The student and youth organizations have provided crucial platforms for the articulation and performance of different identities in the region at various levels. North-Eastern youths have aspirations and eligibility to play a key part in collection and strategic distribution of resources, institutionalization of socio-economic movements, providing strategic leadership, organization of awareness events, sports, folk and classical cultural activities, social activities etc. Thus, the development in India's North-East must be placed in the context of the unfolding "aspirations" as well as "lived realities" of the region's youth. Due to various socio-economical marginalization youths of North-East India have to face various socio-economic discriminations. Due to lack of small and heavy industries, exposure to modern non-traditional jobs, infrastructural facilities, exposure to educational facilities, medical facilities etc North-Eastern youths are always pushed to the corner. Their potential and aspirations are often overlooked and neglected in national perspective. They have to be heard; have to be understood; have to be given the equal opportunity to explore various horizons of life. Otherwise they will be thrown in the dark hands of insurgency, substance abuse and violence. There is a need to understand the developments in the North-East region by unraveling the dual narratives of anxiety and aspiration, marked by the coexistence of protest and participation in the socio-economic life of the region's youth.

Objectives of the Activity

To motivate, aware and inspire the aspiring youths of North-East India in the purview of National Youth Policy of Government of India.

Proceedings of the Activity

I) Inaugural Session: The inaugural session started at 10:30 AM on 23/02/2021. **Prof. Satyadeo Poddar**, *Honourable Vice-Chancellor, MBB University* presided over the session. **Dr. Dilip Kumar Das**, *Honourable MLA, Tripura Legislative Assembly* were present as the **Chief Guest** of the programme. **Prof. Sibnath Deb**, *Respected Director, Rajiv Gandhi National Institute of Youth Development (RGNIYD), Sriperumbudur* was present online as **Special Guest**. **Smt. Nistha Chakraborty**, *Eminent Kick-Boxer of International repute and a famous Youth Icon of India* was present as **Special Guest**. **Dr. Sumanta Chakrabarti**, *Respected Registrar, MBB University* delivered the Welcome Address. **Dr. Debadatta Adak**, *Assistant Professor and Activity Coordinator* delivered the Vote of Thanks.

The programme started with National Anthem and was followed by Lightning of Lamp, Inaugural Song and Felicitation of the Dignitaries.

In his speech **Dr. Sumanta Chakrabarti** discussed the motivation, objective and relevance of this programme. He meticulously pointed the fact that India has a formidable youth power and unless nurtured this immense source of energy will be lost. He also mentioned the surge of drug abuse and HIV infections amongst the young generation of North-East region of India. This type of programmes will help them to generate awareness and channelize them towards an Eternal India. Dr. Chakrabarti welcomed all the participants warmly and wished a great success of this youth training programme.

Special Guest and Eminent Kick-Boxer of International Repute, **Smt. Nistha Chakrabarti** discussed the impact of sports to build up character and personality. She mentioned the motto of *Sound Mind in a Sound Body*. She also inspired the young participants to opt for non-orthodox career options like sports etc.

Prof. Sibnath Deb was present online in the programme. In his speech Prof. Deb discussed the role of National Youth Policy of Government of India, for an all round development of Indian Youth. He mentioned that there are a lot of potential in our young people and National Youth Policy is a perfect guideline to bring the best out of them. It will help them towards skill development, employment opportunities, socio-economic awareness and ultimately as a whole will contribute to make India a global superpower. He praised MBB University for organizing such a programme in collaboration with RGNIYD and wished a grand success of this training programme.

The Chief Guest of the Inaugural Session, **Dr. Dilip Das** excellently discussed about impact of the cognitive knowledge for the betterment and complete development of the young generation of India as well as North East Region. He stated that marks in the examinations are not the only parameter to judge the youth. A student must learn to assimilate him/herself to the studies instead of trying to mimic the class-notes. They must know their nature, their environment and most importantly their society. They must have sympathy for their fellow people. They have to aware about the world. They must practice Survey, ask Questions and continue Reading, Writing and Training. He reminded the young participants, in the words of Prof. A. P. J. Abdul Kalam, that a true dream is not what you see in your sleep, it is something that will not let you sleep.

Prof. Satyadeo Poddar, Honourable Vice-Chancellor, MBB University delivered The Presidential Address. In his address Prof. Poddar delivered a profound analysis about the youth of India and the role of education for their development. He mentioned that young people are the backbone of a country. Youth can play the most important role in building a strong and united India. Unfortunately, for decades, since independence, youth have felt neglected, disillusioned and rudderless. They need a sense of direction, involvement and responsibility. The youth power should be harnessed to tackle the age-old social evils and other problems facing the country. By performing a constructive role, the youth can bring prosperity in India. Young people are full of abundant energy, courage, spirit for adventure, imagination, hope and ambition. These can be very well used in constructive and developmental activities. He inspired the young brigade to rise and rise

until the lambs become lions, until all the walls collapse, until all the barriers are destroyed, until we build a “*sanatan*” India an India eternal.

The Vote of Thanks was delivered by **Dr. Debadatta Adak**, Assistant Professor and Activity Coordinator, MBB University. On behalf of MBB University Dr. Adak thanked Prof. Sibnath Deb, Director, RGNIYD, Sriperumbudur for sponsoring this youth training programme. He also thanked Prof. Satyadeo Poddar for his dynamics leadership to organize this event, Dr. Sumanta Chakrabarti for his invaluable guidance and support, Dr. Dilip Das for his immense cooperation and kind help towards MBB University. He thanked all the officials and employees of MBB University and especially the resource persons, participants and students for their sincere help to organize this event.



Lightning of Lamp by the Dignitaries.



Welcome Address by Dr. Sumanta Chakrabarti, Respected Registrar, MBB University.



Address by Smt. Nistha Chakraborty, Special Guest.



Address by Prof. Sibnath Deb, Respected Director, RGNIYD, Sriperumbudur and Special Guest



Address by Dr. Dilip Das, Honourable MLA, Tripura Legislative Assembly and The Chief Guest.



Presidential Address by Prof. Satyadeo Poddar, Honourable Vice-Chancellor, MBB University



Vote of Thanks by Dr. Debadatta Adak, Assistant Professor and Activity Coordinator, MBB University.



Participants of the Inaugural Session.

February 23, 2021

Session-1A

Title: *India's National Youth Policy: Sustainable Development Goals*

Objective: To determine the sustainable development goals in the purview of National Youth Policy 2014.

Resource Person: *Dr. Debarshi Mukherjee*, Associate Professor and Head, Department of Business Management, Tripura University.



Felicitatation of Dr. Debarshi Mukherjee by Dr. Runu Dhar (in the left), Associate Professor and Coordinator, IQAC, MBB University



Lecture of Dr. Debarshi Mukherjee

Session-1B

Title: *Constitution of India, Responsible Citizenship, Human Rights and Social Justice*

Objective: To generate awareness and sensitization about constitutional rights, human rights, social justice.

Resource Person: *Mr. Subhash Sikder*, Retd. Secretary, Tripura Assembly and Retd. District & Sessions Judge.



Felicitatation of Mr. Subhas Sikder by Dr. Sumanta Chakrabarti, Registrar, MBB University



Lecture of Mr. Subhas Sikder

Session-1C

Title: *Recycling Waste, Creating a Healthy and Clean-Green India (SWAACH Bharat/SWAASTH Bharath), Global Warming, Biodiversity Loss & Climate Change*

Objective: To generate awareness against various pollutions, their impacts on environment, waste management and the ideology of Swaach Bharat / Swaasth Bharat.

Resource Person: *Prof. B. K. Agarwala*, Chairman, Tripura State Pollution Control Board.



**Felicitation of Prof. B. K. Agarwala by
Prof. Satyadeo Poddar,
Honorable Vice-Chancellor, MBB University**



Lecture of Prof. B. K. Agarwala.

Session-1D

Title: *Awareness and Prevention of Diseases like COVID-19, Hepatitis-B, Cancer etc. and High Risk Behavior among Youth (substance abuse, smoking, alcoholism, STI, STD, HIV/AIDS etc.)*

Objective: To generate proper awareness amongst the North-Eastern youth against COVID-19 pandemic, HIV/AIDS, Cancer, Hepatitis-B etc. Also aware them against various behavioral malpractices like smoking, alcohol consumption, substance abuse etc.

Resource Person: **Dr. Aroop Roy Burman**, MD (RT), DNB, State Programme Officer, NPCDCS (Cancer Component), NHM, Agartala, Tripura.



Felicitation of Dr. Aroop Roy Burman by Dr. Runu Dhar



Lecture of Dr. Aroop Roy Burman.

February 24, 2021

Session-2A

Title: *Promotion of Scientific Temper among the Youth and Promotion of Low-cost / Alternate / Rural Technologies for livelihood and economic development.*

Objective: To promote scientific awareness among the youth towards protecting them from unscientific braggadocio and encourage them to explore various forms of low-cost alternate technologies to generate new job opportunities & better the quality of life in the North-East region.

Resource Person: *Prof. Mihir Kanti Deb*, Former President, Tripura Board of Secondary Education.



Lecture of Prof. Mihir Kanti Deb.

**Felicitation of Prof. Mihir Kanti Deb by
Dr. Sumanta Chakrabarti,
Registrar, MBB University**

Session-2B

Title: *Community Engagement/Service and Disaster Management*

Objective: To encourage the youth in taking part in various community engagement/service and contribute towards the development of social harmony.

Resource Person: *Dr. Sarat Kumar Das*, State Project Officer, Tripura State Disaster Management Authority.



**Felicitation of Dr. Sarat Kumar Das by
Dr. Runu Dhar**



Lecture of Dr. Sarat Kumar Das.

Session-2C

Title: *Violence against Children, Youth and Woman & Gender Sensitization, Gender Equality (Beti Bachao, Beti Padhao)*

Objective: To create the sense of gender equality, awareness against gender violence, child abuse among the North-East youth.

Resource Person: *Dr. Aparna De*, Assistant Professor, Government Degree College, Kamalpur, Presently deputed in IASE, Kunjaban, Agartala.



**Felicitation of Dr. Aparna De by
Dr. Runu Dhar**



Lecture of Dr. Aparna De

Session-2D

Title: *Drama Workshop*

Objective: To cheer up the youth in an enjoyable teamwork and collaborative environment. This will also increase their communication skills.

Resource Person: *Sri Swapan Nandi*, Mime Artist, Sangeet Natak Academy Awardee.



**Felicitatation of Mr. Swapan Nandi by
Dr. Runu Dhar**



Lecture of Mr. Swapan Nandi.

February 25, 2021

Session-3A

Title: *Scientific technologies to maximize the use of local resources, Entrepreneurship Development (Make in India)*

Objective: To inform and train the North East youth in various technological aspects to promote business prospects using local resources.

Resource Person: *Mr. Pawan K Kaushik*, Scientist F & Head, Forest Research Center for Livelihood Extension, Agartala, Tripura.



Lecture of Mr. Pawan K. Kaushik.



**Felicitatation of Mr. Pawan K. Kaushik by
Dr. Runu Dhar**

Session-3B

Title: *Yoga for Health, Peace, Harmony and Quality of Life*

Objective: To bring harmony in mind and body of the youths by Yoga and increase the quality of life in today's uncertain reality. This will also protect the young minds from increasing frustration and depression.

Resource Person: *Sri Jishu Chakraborty*, Yoga Expert, Tripura.



**Felicitatation of Mr. Jishu Chakraborty by
Dr. Runu Dhar**



Lecture of Mr. Jishu Chakraborty.

Session-3C

Title: *Personality Development, Employability Skills/Workplace Skills & Career Guidance*

Objective: The course of personality development will help them to boost their confidence and self-belief. North-East youth have to learn various employability skills, workspace skills beforehand to have a niche over the other competitors in the job market. Moreover, proper career guidance is required so that they can apply their skills in a proper and optimal way. They have to be informed about various, especially non-traditional but well-paid jobs so that they can prepare themselves beforehand.

Resource Person: *Dr. Brij Mohan Pandey*, Assistant Professor, Department of Law, Tripura University.



**Felicitatation of Dr. Brij Mohan Pandey by
Prof. Satyadeo Poddar,
Honourable Vice-Chancellor, MBB University.**



Lecture of Dr. Brij Mohan Pandey.

Session-3D

Title: *Cultural Workshop including Song, Dance, Recitation, Music etc.*

Objective: To boost the cultural sensitivity amongst the North-East youth.

Resource Person: *Mr. Amar Ghosh*, Eminent Singer, Tripura.



**Felicitatation of Mr. Amar Ghosh by
Dr. Runu Dhar**



Lecture of Mr. Amar Ghosh.

III) Valedictory Session:

The valedictory session started at 04:00 PM on 25/02/2021. **Prof. Satyadeo Poddar**, *Honourable Vice-Chancellor, MBB University* presided over the programme. **Dr. Sumanta Chakrabarti**, *Registrar, MBB University*; **Dr. Brij Mohan Pandey**, *Assistant Professor and HoD, Department of Law, Tripura University* and **Mr. Amar Ghosh**, *Eminent Singer, Tripura* were present in the dias. **Dr. Vasanthi Rajendran**, *Professor Training, RGNIYD, Sriperumbudur* was present online. The session started with a mellifluous song about Tripura sang by Mr. Amar Ghosh that he composed himself. It was beautiful and touched everyone's heart. Then participants shared their experiences. All of them praised MBB University and RGNIYD, Sriperumbudur for organizing such a programme collaboratively. All of them shared their charming experience and discussed how they have benefitted from different aspects of this programme. Dr. Vasanthi Rajendran congratulated the collaboration of RGNIYD, Sriperumbudur and MBB University of the success of the programme and expressed willingness to collaborate with MBB University to organize this type of youth development programme in future. She discussed the relevance of this programme and how in the purview of National Youth Policy the all round development of Indian youth can be performed, which is the prime objective of RGNIYD. Prof. Poddar, Dr. Chakrabarti, Dr. Pandey and Mr. Ghosh also shared their experiences and congratulated the participants for successfully completing this training programme. Finally the certificates were distributed to the participants and after that with the permission of Vice-Chancellor, Dr. Adak announced the completion of this Youth Training Programme.



Participant Feedback



Certificate Distribution



Group Photo of the Participants